



Home Based Business and Your Family

When you have a family as well as a business, time in your office is time away from your family, and it is hard to know when to stop working. It is easy to find yourself in front of your computer at 1:00 a.m. and on weekends. Owning a [home based business](#) can be a double edged sword.

Maybe one of the reasons why you wanted a [home based business](#) was to spend more time with your family, but if you spend too much time on your business and not enough time with your family, than the most important relationships in your life can suffer. However, if you spend too much time with your family and not enough time on your business, than the business will suffer. If your business is the main source of income for your family, neglecting your business isn't going to be an option.

Making time for your business and your family takes a little patience, scheduling your time and a lot of willpower. Here are some [time management](#) tips:

Learn to say “No” – If something doesn't fit easily into your schedule and will impact you getting a planned activity completed, just say “no.” Of course this is easier said than done. If a client calls after hours and wants you to attend a meeting at the same time that your son is playing football, then reschedule the client. Clients need to realize that your business is not open 24 hours a day, 7 days a week. Most customers and clients will understand and respect you for wanting to spend time with your family.

Take A Day Off – You will probably be spending more time on your business than you would if you were working for someone else. You need to take time off from your business to relax and have fun. If you don't take time off from your business, you could start to resent the time your business is taking away from the leisure activities you enjoy spending time doing in life. Schedule a mini vacation; after all you're the boss.

Learn To Compromise – Running a [home business](#) and having a family can be tricky. Learning to compromise will save client relationships and strengthen family bonds. Try not to get frustrated when either your clients or your family's demands interfere with your schedule or planned activities. Both should understand that your time is limited and meet you halfway.

Maintain A Positive Attitude – be committed to what you want in both your business and your family life. You are the one who will ultimately determine if your business succeeds or not. Set goals for your business and keep focused on the important objectives you want for your business. Don't criticize yourself. Criticizing yourself will only drain your time and energy. Learn from your mistakes and move on. Remember, everything doesn't have to be perfect. You can always make changes as you go.

Ask For Help – Don't be afraid to ask for help. You can't do it all by yourself. If you need a specialist to complete a task, then hire the specialist. You can also ask your family to help you and become involved in the business.

With a little time and practice, you'll find a good balance between running your home based business and continuing to have an excellent family life.